

Reconciliation Questions & Prayers

1. What is a Sacrament?

A sacrament is an outward sign made by Christ to give grace.

2. Name the seven sacraments?

The seven sacraments are Baptism, Reconciliation, Holy Eucharist, Confirmation, Holy Matrimony, Holy Orders, Anointing of the sick.

3. What Sacrament do you want to receive?

Reconciliation

4. What is the Sacrament of Reconciliation?

The Sacrament of Reconciliation is also called the Sacrament of Penance or the Sacrament of Confession.

In this sacrament we confess to a priest the sins that we have done and we are forgiven by the power of Jesus Christ.

Grace is restored in our souls and we are given a penance to make up for the wrongs we have done.

5. What is sin?

Sin is disobedience to God's law.

6. Who committed the first sin on earth?

Our first parents, Adam and Eve, committed the first sin on earth.

7. What is the first sin committed on earth called?

This sin is called Original sin.

8. What washed away Original Sin?

Baptism washed away Original Sin from my soul and made it rich in the grace of God.

9. What is Baptism?

Baptism is the sacrament that makes us Christians and adopted children of God.

10. Why do we go to Confession?

We go to Confession to:

- to have our sins forgiven
- to give grace to my soul which helps be a good Christian and stronger against sin

11. What are the five steps to make a good Confession in the Sacrament of Penance?

1. Know what my sins are.
2. Be sorry for my sins.
3. Make up my mind not to sin again.
4. Tell my sins to the Priest.
5. Do the penance the Priest gives me.

12. When does a person sin?

When we are tempted to do something wrong and we think, “Yes I will do it, even though I know it’s wrong.

13. What is Venial sin?

Venial sin is a little act of disobedience against the Law of God.

14. What is Mortal sin?

Mortal sin is a serious act of disobedience against the Law of God.

15. What must be present for it to be a Mortal sin?

1. The sin must be serious.
2. You must know it is wrong and serious.
3. You must freely choose to do it.

16. What are the Ten Commandments?

The Ten Commandments are God’s Laws of love for all His people.

17. Name the Ten Commandments.

1. You shall not have other gods beside Me.
2. You shall not use God’s name in vain.
3. Remember to keep God’s day holy.
4. Honor your father and mother
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not lie.
9. You shall not covet your neighbor’s wife.
10. You shall not covet your neighbor’s goods.

18. What is the Great Commandment of Jesus?

Love the Lord, your God, with all your heart, with all your soul, with all your strength, with all your mind; and love your neighbor as you love yourself.

19. What are the Corporal Works of Mercy?

The Corporal Works of Mercy are ways to help us live the Kingdom of God here on earth.

20. Name the seven corporal works of mercy.

1. Feed the hungry
2. Give drink to the thirsty.
3. Give shelter to the homeless.
4. Give clothing to the naked.
5. Visit the sick.

6. Visit the imprisoned.
7. Bury the dead.

21. Why should you be sorry for your sins?

It shows God that we really love Him when we tell Him;

- we are sorry for having offended Him
- we want to be forgiven.

22. What is sorrow for sins?

Sorrow for sins is the sadness we have for the sins we have done, and the wish to never do them again.

We have sorrow for sins because we are sad that we have offended God, or because we fear His just punishments.

23. What words must a priest say for your sins to be forgiven in the sacrament of Penance?

For your sins to be forgiven in the sacrament of penance, the priest must say:

“I absolve you from your sins in the Name of the Father, and of the Son, and of the Holy Spirit. Amen

24. Who takes away your sins?

Only Jesus Christ can forgive sins.

25. Whose place does the priest take in confession?

Jesus Christ, forgives our sins through a priest.

God gives priests special powers, one of these are the power to forgive our sins.

26. What is penance?

Penance is a prayer, offering, work of mercy, service to neighbor, act of self-denial, sacrifice, work of charity, or acceptance of our cross.

It helps us to become like Jesus, and to make up for our sins.

27. When the priest gives you a penance, what is this penance for?

To please Jesus,

to help make me strong to say “NO” to what is wrong,
and to help me avoid sins in the future.

28. How often should you receive reconciliation?

I should receive reconciliation;

when I have committed a mortal sin and when my soul is burdened by many venial sins.

The church asks me to go at least once a year.

Prayers to be learned:

- **The Our Father:**

Our Father who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Amen

- **Hail Mary:**

Hail Mary, full of grace, the Lord is with thee! Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.

Amen

- **Glory Be:**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be forever.

Amen

- **The Act of Contrition:**

O my God, I am heartily sorry for having offended You. I detest all my sins because of Your just punishments, but most of all because they offend You, my God, who are all-good and deserving of all my love. I firmly resolve, with the help of Your grace, to confess my sins, to do penance, and to amend my life.

Amen

- **Prayer to My Guardian Angel**

Angel of God, my guardian dear, to whom god's love commits me here, ever this day be at my side, to light and guard, to rule and guide.

Amen

- **Morning Offering**

O my God, I offer You every thought and word and act of today. Please bless me, my God, and make me good today.

Amen

- **Prayer Before Meals**

Bless us, O Lord, and these Thy gifts, which we are about to receive, from Thy bounty, through Christ our Lord.

Amen

- **Prayer After Meals**

We give Thee thanks, Almighty God, who lives and reigns forever, for all Thy benefits. May the souls of the faithfully departed, through the grace of God, rest in peace.

Amen