



SJRCS October 2006 Lunch Calendar

Mon	Tue	Wed	Thu	Fri
2 Chicken Patty Sandwich Oven Fries Lettuce & Tomato Fresh Fruit	3 French toast Sticks or Bagel w/Cream Cheese Hash Browns Sausage Fruit	4 Hot Dogs w/Chili, Cheese, or Salsa Popcorn Veggie Pudding w/Topping	5 Cheese Quesidillas Or Turkey Sandwich Veggie & MAX Fruit	6 Windham House of Pizza Salad Cookies GRANDPARENTS' DAY
9 NO SCHOOL 	10 Chicken Nuggets Baked Potato Strips Veggie Fruit	11 Macaroni & Cheese Baked Soft Pretzel Veggies Jell-O w/Topping	12 Turkey Ranch Wraps or Chicken Salad Sandwich 'Pretzels Fruit	13 Papa Gino's Pizza Veggie Sticks w/ Dip Icy Juicys
16 Chicken Tenders Buttered Noodles Veggie Fruit	17 Mozzarella Sticks w/trix Yogurt or Bologna & Cheese Sandwich , Sticks & Stones Salad, Fruit	18 Spaghetti w/Meatballs Salad Bread Sticks Fruit	19 Tuna Salad Sandwich or Warm Ham & Cheese Sandwich Sliced Tomato Chips & Fruit Rollups	20 Tripoli Pizza Veggie Sticks w/Dip Brownies
23 Oven Baked Chicken Rice Veggie Fruit	24 Little Cheddar Meat Loaves French Fries Veggie Dessert	25 Baked Potato Bar w/ Fixings Sliced Apples w/Apple Brickle Dip	26 Chicken Noodle Soup w/ Grilled Cheese or Chefs Salad Jell-O	27 Windham House of Pizza Macaroni Salad Fruit
30 Hot Turkey Sandwich w/Gravy Whipped Potato Peas Pumpkin Cookies	31 Nachos w/Beef & Cheese Sauce All the Fixings Pumpkin Frozen Juice Cups			

ADDITIONAL INFO

*Lunch can be purchased for
\$2.00 per day*

*Milk is included in the above
price.*

*A la carte milk is available for
\$0.40 per day.*

*Each day the following will be
available as an alternative to
the main course:*

- * *Chef's salad*
- * *Peanut butter & jelly*
- * *8 oz yogurt*
- * *Cheese sandwich*

*Extra chicken
nuggets, slice of pizza, hot
dog, hamburger or grilled
cheese are
\$1.00*

**Assorted Ice Cream and
Juices
Also Available**