

SCIAF LENTEN APPEAL - GET YOUR WEE BOX

Carfi's Story

My name is Carfi Sara. I live in the Borana region of Ethiopia with my wife Kabale, and three children. Life here is difficult. We're all farmers. There's less rain than before and the land is becoming a desert. This lack of rain means we can't grow crops and there's no grazing for our animals, they get thin and die.

With the help of SCIAF, I got 10 animals – 1 camel, 1 donkey, 8 goats. It has changed my life greatly. Before this I was in absolute poverty. Now I have 4 camels, 2 donkeys and 10 goats.



I can't believe how different life is for me and my family. When my life changes my children's lives change. My life is my family, they are my life. My oldest daughter Loko is 12 years old. My youngest daughter Dabo is 4 years old and my son is called Gamachu, he is 8 years old.

Now we have plenty camel milk to drink. My children used to look at other children who had milk and they would want it. They used to be envious. Now they have their own milk.

They have enough to share with others.

When they ask me, I give to the poor. We also sell the milk at the market and use the money to buy grain. With the extra money I bought my daughter Loko a uniform and shoes so she can now go to school. Before the help of SCIAF, I was paralysed by poverty. Now life for me and my family is getting better and better. I never want my children to have to live like we once did. That life is behind us.

My message for Scotland is easy and short. I have changed my life because of you, but there are more families living in absolute poverty.

I am just one man, by helping to change many lives, the whole community can be transformed. I have been helped and now I help others. When they ask me, I give to the poor, please do the same. Together, we can make people strong. *SCIAF are helping communities to recover from the effects of drought and protect themselves from future disasters. We help to provide clean water, rangeland management and animal health to rural communities in Borana.*

To support our work and help more families like Carfi's please [donate to our WEE BOX Appeal](#). Remember, your donation can be doubled with UK Aid Match.

More information at : <http://www.sciaf.org.uk/>

"The Church invites all Christians to take up a double task of inspiring and of innovating, in order to make structures evolve, so as to adapt them to the real needs of today."

- Octagesimo Adveniens, p.50

<http://www.justiceandpeacescotland.org.uk/>

Parish Pastoral Council



Members of the Parish Pastoral Council please note the first meeting of this year is in the church hall on **Monday 8th February at 7.00pm**.

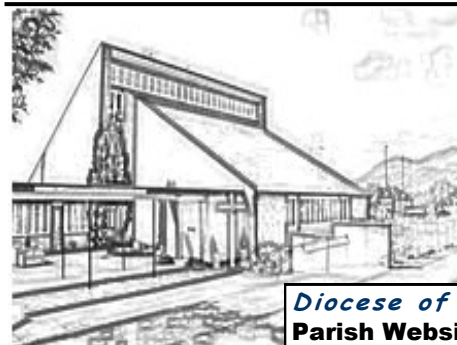
Mobile phones must be switched off or put to Airplane mode in the church as they interfere with our speaker system. Surely 1 hour without it is no hardship.

Get your WEE BOX



St. Bernadette's - Parish Newsletter

7th February 2016 - 5th Sunday in Ordinary Time



Diocese of Dunkeld Scottish Charity No. SC001810
Parish Website <http://www.catholic-church.org/stbernadettes/>

MASS TIMES

Vigil Mass Saturday: 5.30pm
Sunday Morning Mass: 11.30am

Weekday Mass at 9.30am on
Monday, Wednesday, Thursday + Saturday
(Tuesday & Friday - No Services)

Baingle Brae,
Tullibody. FK10 2SG

Parish Priest:

Fr. Mike Freyne MHM

Tel: 01259 213274

Email:

mafreyne@btinternet.com

Welcome

Are you visiting our Parish or have just moved into the area?

Please feel very welcome.....

Introduce yourself to the Parish Priest or newcomers at the back of the church.

There are no strangers here just new friends you haven't yet met.



JUBILEE OF MERCY
MERCIFUL LIKE THE FATHER



PONTIFICAL COUNCIL FOR THE PROMOTION OF THE NEW EVANGELIZATION

Please remember in your prayers those who are sick... Dan Tierney, Anne McNiven, Sarah Jane Connelly, Margaret Mc'Intyre, Paul Kochanek, Mona Pyat, Brendan Murphy, Margaret Byrne, Veronica Clarke, Gerard Clarke, Peter James Clarke, Kathleen Clarke, Margaret Tobin, Joan Wright, Austen Todd, Susie Meehan, Joe Smith and all those in the various nursing homes.



Remember those who have recently died... Charlie Hunter.

and those whose anniversaries of their death occur at this time....

Cathie Stolarek,

Steven Marcinkiewicz, Josef Marcinkiewicz and Ronald Marcinkiewicz.



Education Week Special Collection TODAY

Parish Collections

31st	Gift Aided	£410.25
JAN	Non Gift Aided	£332.35

REGULAR MEETINGS

ST. VINCENT DE PAUL: Meet in the Church hall weekly at 10.30am, before Sunday mass.

KNIGHTS OF ST. COLUMBA: Meet on the first Wednesday of the month at 7.30pm in the Hall at St. Mungo's, Alloa.



THIS WEEKS PARISH DIARY

Saturday 6th February	5.30pm - VIGIL MASS	5th Sunday of Ordinary Time	Education Week Special Collection
Sunday 7th February	11.30am - MASS After 11.30 am mass Liturgy Committee.		
Monday 8th February	★ ATTENTION - MORNING MASS AT 8.30am 10.30am - Mass at Nazareth House, Edinburgh 7.00pm - PPC in Church Hall		
Tuesday 9th February	NO SERVICES 10.00am - St. Mungo's, Funeral mass		
Wednesday 10th February	ASH WEDNESDAY 9.30am - Mass 11.00am - Liturgy of Word, St John Vianney's Alva. 7.00pm - Mass		
Thursday 11th Feb	9.30am - Mass. Feast of Our Lady of Lourdes World Day of Prayer for the Sick 7.00pm - PPC St James Kinross		
Friday 12th Feb	★ 7.00pm - Evening mass restarts.		
Saturday 13th February	9.30am - Mass and Confessions ((Fr. Martin) 9.30am – 2.00pm - Diocesan Mission Group, Dundee 5.30pm - VIGIL MASS	1st Sunday of Lent	Special Collection Sick & Retired Priests Fund
Sunday 14th February	9.30am - Mass St. John Vianney's 11.30am - Mass, St. Bernadette's 6.15pm - Mass St. John Vianney's		



FORTHCOMING EVENTS

5th & 6th March	Special Collection, Papal & Episcopal charities Bishop Stephen's Pastoral visit to Tullibody. Bishop saying Vigil and on Sunday morning.
25th March	Special Collection, Holy Places
9th April	Mass of The Sick 11.00am (Saturday)

Dunkeld Diocesan Lourdes Pilgrimage Assc'
In order that our pilgrims can go to Lourdes this year (8-15 July) We need a doctor and 8 nurses to make up a medical team. Can anyone help. Any assistance will greatly benefit our sick pilgrims.
If you can help please contact:
Mrs C Van der Boon on 01382 815292

Tuesday is Shrove Tuesday..... Pancake Day, Mardi Gras or Fat Tuesday !

Try some traditional recipes, when eggs were among the foods that were forbidden by the Church during Lent, people would use them up on Shrove Tuesday by making up large quantities of pancakes or doughnuts.

First Jubilee audience: mercy and mission

Pope Francis dedicated the first of his Jubilee audiences to the theme "Mercy and Mission".

The Jubilee audiences are an initiative of the Holy Father during the Holy Year, enabling those who are unable to attend the Wednesday general audiences to participate in his catechesis. On this occasion more than 22,000 people were present in St. Peter's Square. "Day by day we enter into the life of this Holy Year of Mercy. With His grace, the Lord guides our steps as we cross the Holy Door and comes towards us so as to stay always with us, despite our shortcomings and our contradictions. Let us never tire of asking His forgiveness, as when we are weak His closeness makes us stronger and allows us to live our faith with greater joy".

Referring to the close link between mercy and mission, Francis underlined that as Christians we have the responsibility to be missionaries of the Gospel. "When we receive good news or have a good experience it is natural that we wish to communicate it to others. ... The joy we feel inspires us to do so. It should be the same when we encounter the Lord. Indeed, the concrete sign we have truly encountered Jesus is the joy we feel in communicating this to others too. This is not proselytism, but rather it is a gift: I give you what makes me joyful. Reading the Gospel we see that this was also the experience of the first disciples. ... Encountering Jesus is the same as encountering His love. This love transforms us and makes us able to transmit to others the strength that it gives us". "We could say that the day of our Baptism each one of us is given another name alongside the one we receive from our mother and father, and this name is 'Christopher', which means 'Christ-bearer'. The name of our approach, as bearers of Christ's joy and mercy", remarked the Holy Father. "The Christian is a bearer of Christ. ... But the mercy we receive from the Father is not given to us as a private consolation, but rather makes us instruments to enable others to receive the same gift. There is a wonderful circularity between mercy and mission".

"Living mercy makes us missionaries of mercy, and being missionaries enables us increasingly to grow in God's mercy. So, let us take seriously the fact of being Christians, and let us commit ourselves to living as believers, because only in this way may the Gospel touch the people's hearts, opening them to receive the grace of love", concluded the Holy Father.

- Vatican City, 30 January 2016 (VIS)

CATHOLIC EDUCATION WEEK (Sunday 31st Jan to Saturday 6th Feb 2016)

Education Sunday: Today is the start of a week when we celebrate the importance of educating children and young people in faith.

Education Sunday – theme for 2016: During Catholic Education Week we reflect how we are "Learning to be Merciful". This learning takes place in homes as well as schools, in workplaces as well as churches. We must all be "witnesses to mercy".

Education Sunday – appeal for teachers: Please take seriously today's appeal for more Catholic teachers to work in Catholic schools to ensure that our children receive formation in faith.



Resources and more information for parents and schools at: <http://sces.org.uk>



Sick & Retired Priests Fund Special Collection Next Sunday