



Fasting & Abstinence

Most religions have some kind of guide for periods of fasting and abstinence. Lent is a traditional time for Catholics to do some kind of penance and self-denial but the Church leaves that to each individual. Obviously what is a massive sacrifice for some could be wonderful for someone else. Good Friday is one of the few days remaining of Fasting and Abstinence in the church.

Fasting means reducing the amount of food one would normally eat. This is generally understood to mean one main meal and two small snacks. Abstinence means not eating meat. However let's remember to keep to the spirit of the law. To a vegetarian "abstinence" in the strict sense would not mean any sacrifice so obviously one looks for an alternative. The big supermarkets in Brazil cater for the rich's abstinence by importing lots of salmon and lobster - great sacrifice!! Diabetics think nothing of eating one meal a day!

Do Not Abuse Our Priest's Good Will

As regarding confessions there are many opportunities but please note that where stated "confessions follow immediately after mass", they do not continue indefinitely. As soon as the last person present has been attended, they finish. Our priest too has many commitments so no knocking on the door with, "I know you will understand, Father, but the bus went via Glasgow and I could not avoid being ten minutes late...!!!"



Lilies

On Good Friday we remember the death of Jesus on the Cross and on Easter Sunday we celebrate the resurrection of Jesus. For those who wish to remember their deceased relatives and friends at this time of the resurrection we will place white lilies before the altar at Easter and offer up the intention for your deceased at the offertory.

Flowers, especially white lilies tend to be more expensive at Easter, but by buying more we may manage a discount. The costs for the flowers and arrangement should not cost much more than £3 each. For those who wish to remember someone deceased there are envelopes at the back of the church (or bring your own) in which you can leave the name of the deceased and a donation to help cover the costs. These can be left in the box provided at the back of the churches.

Become More God-Like and Grasp the Opportunities

Please observe and understand that our Parish has offered plenty of options and opportunities for everyone to celebrate the most important feast of our faith. The rest is left to each individual.

Cut Backs are Possible

This year we have offered perhaps too much or may prove too tiring and overburden some. In a sense it is an experiment. If we were to discover one celebration was well participated and celebrated by over 150 people and the same celebration in another place only attended by 30 people, then obviously in following years we would probably reach the conclusion to reduce the number of celebrations.



Choir Practise
Over the next few weeks there will be choir practise for Holy Week as follows:

Alva
Every Sunday after the morning mass

Tullibody
Every Thursday at 7pm



Sunday Mass Times

9.30 am, St. John Vianney's Alva

11.30 am, St. Bernadette's Tullibody

6.15 pm, St. John Vianney's Alva

Newsletter for the Parishes of St. John Vianney's & St. Bernadette's Sunday, 29 March & Holy Week

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St. Bernadette's

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FK10 2SG



St. John Vianney's

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FK12 5HR

Sister Nora Carr U.J. & Sister Margaret

Parish Sisters

St. John Vianney's

Tel: 01259 760 324

Welcome

If you are a visitor to our Parish or have just moved into the area, then please feel very welcome. Introduce yourself to the Parish Priest or newcomers at the back of the church and remember - there are no strangers here only new friends you just haven't yet met.



Please Remember in Your Prayers

Those who are sick...

Bronia Schultza, Chris Conway, Veronica Clarke, Mary Dryland, Annie Fitzgerald, Pat Franchie, B. Goldie, V. Kosciwz, Frances Massimino, M. McGeehan, B. McGuinness, J. McCann, Patrick Meehan, B. Ray and Annie Russell.

Those who have recently died:

John McLean and May Giebler

And those whose anniversaries of their death occur at this time...

John Moran, Gerard Moran, Ellen Moran, Molly O'Donnell, Edward Gratten, Elizabeth Gratten

Parish Finances 22 March 2009 Collections

St. John Vianney's, Alva	
Last Sunday Collection	£469.84
Special Collection, SCIAF	£296.79
St. Bernadette's, Tullibody	
Last Sunday Collection	£423.97
Special Collection, SCIAF	£133.74

The Good Friday Collection is for the Holy Places.

This Week and Forth Coming Events

Sunday, 29 March	9.30am - Mass, St. John Vianney's, Alva 11.30am - Mass, St. Bernadette's Tullibody 4.00pm - Stations of the Cross, St. Bernadette's, Tullibody 6.15pm - Mass, St. John Vianney's, Alva
Monday, 30 March	9.30am - Mass + Confessions, St. John Vianney's, Alva 7.00 pm - St. Bernadette's Practise for all involved in Holy Week Liturgies
Wednesday, 1 April	9.30am - Mass + Confessions, St. Bernadette's, Tullibody 7.00pm Stations of Cross, St. John Vianney's
Thursday, 2 April	9.30am - Mass, St. Bernadette's End of Term School Mass, St. Bernadette's, Tullibody 7.00pm - Penitential Service, St. Bernadette's, Tullibody
Friday, 3 April	No Mass 7.00pm - Penitential Service + Confessions (4 Priests) St. Mungo's, Alloa
Saturday, 4 April	9.30am - Mass, St. Bernadette's, Tullibody 10.00am to 11.00am - Confessions (3 Priests), St. Bernadette's, Tullibody
Sunday, 19 April	1.30pm – Baptism, St. John Vianney's, Alva
Monday, 20 April	1.30pm - Practise with Children for Confirmation, St. Mungo's, Alloa
Thursday, 23 April	7.00pm- Confirmation of Candidates from St. Mungo's, St. Bernadette's and St. John Vianney's, at St. Mungo's, Alloa
Sunday, 26 April	SMA Fathers will be making a mission appeal
Sunday, 3 May	12.30 - Baptism; St. Bernadette's, Tullibody

St. Vincent De Paul meet every Sunday after the morning mass in Alva. The SVDP in St. Bernadette's meet before Sunday mass at 10.30 am.

UCM meets every Wednesday evening at 7.00pm in Alva.

Knights of St. Columba meet every first Wednesday of the month in the Parish Hall at St. Mungo's, Alloa.

Holy Week, 5– 12 April

Palm Sunday Sunday, 5 April	9.30am - Mass, St. John Vianney's, Alva 11.30am - Mass, St. Bernadette's Tullibody 4.00pm - Stations of the Cross, St. Bernadette's, Tullibody 4.30pm - Practise for all involved in Holy Week Liturgies, St. Bernadette's, Tullibody 6.15pm - Mass, St. John Vianney's, Alva
Monday, 6 April	9.30am - Mass + Confessions, St. John Vianney's, Alva 7.00pm - Stations of the Cross, St. Bernadette's, Tullibody 7.00pm - Stations of the Cross, St. John Vianney's, Alva 7.30 pm - Dunblane Special Penitential + Healing Hour Confessions (Various Priests)
Tuesday, 7 April	7.00pm - Penitential Service, St. John Vianney's, Alva
Wednesday, 8 April	7.00pm - Mass of Holy Oils, Dundee Cathedral 7.00pm - Stations of the Cross, St. Bernadette's, Tullibody 7.00pm - Stations of the Cross, St. John Vianney's, Alva
Maundy Thursday Thursday, 9 April	 7.30pm - Mass of The Eucharist, Priesthood, Washing of the Feet and Commissioning Of Eucharistic Ministers, St. Bernadette's, Tullibody <i>Adoration in the church will continue by groups after mass until 10 pm.</i>
Good Friday Friday, 10 April	9.00am - Morning Office, St. John Vianney's, Alva 9.00am - Morning Office, St. Bernadette's, Tullibody 3.00pm - Passion, Adoration of the Cross and Communion, St. Bernadette's, Tullibody Collection for Holy Places
Easter Vigil Saturday, 11 April	8.00pm - Easter Vigil Mass, St. Bernadette's, Tullibody 10.30pm - Easter Vigil Mass, St. John Vianney's, Alva
Easter Sunday Feast of Resurrection Sunday, 12 April	9.30am - Mass, St. John Vianney's, Alva 11.30am - Mass, St. Bernadette's Tullibody 6.15pm - Mass, St. John Vianney's, Alva

Holy Week Liturgical Celebrations for all of Clackmannanshire and High Valleyfield are on posters inside and outside all churches.



Holy Week Celebrations In St. Mungo's, Alloa
Maundy Thursday 7.00pm
Good Friday 3.00pm
Easter Vigil 8.30pm