

Level 4
Chapter: Introduction
Q. 1

What is a pilgrimage?

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Chapter: Introduction
Q. 2

How is our life on earth like a pilgrimage?

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Q. 3

What is our guidebook for this pilgrimage?

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Q. 4

Who is our guide on our pilgrimage to heaven?

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Q. 5

How can we be sure we are following the guidebook (the Bible) and our guide (Jesus) on our pilgrimage?

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A. 2

**Our life on earth is like a pilgrimage because we are here to journey toward our heavenly home, to be united with God and to give him glory and due worship.
(CCC 302, 853-54)**

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A. 1

**A pilgrimage is a journey to a holy place to offer worship to God.
(CCC 1674)**

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A. 4

**Jesus is our guide on our pilgrimage to heaven.
(CCC 1698, 2232-33)**

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A. 3

**The Bible, which is the inspired word of God, is our guidebook for this pilgrimage.
(CCC 105-108)**

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A. 5

**We can be sure that we are following the guidebook, the Bible, and our guide, Jesus, by being faithful to the Church that Jesus founded. Jesus has sent the Holy Spirit to the Church to guard the truths he has given us.
(CCC 171, 551)**

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Q. 6

What is heaven?

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Q. 7

What is hell?

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Q. 8

What are the angels?

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Q. 9

Was man created weak and sinful as we are now?

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Q. 10

How is man different from the animals and special in God's eyes?

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Q. 11

Why did God test Adam and Eve with the forbidden fruit?

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A. 7

**Hell is the eternal suffering of separation from God.
(CCC 1033-35)**

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A. 6

**Heaven is eternal life and happiness with God.
(CCC 1023-24)**

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A. 9

**Man was not created weak and sinful as we are now, but was created holy, in a state of happiness.
(CCC 374-76)**

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A. 8

**The angels are pure spirits, created to glorify and serve God.
(CCC 328-29)**

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A. 11

**God tested Adam and Eve with the forbidden fruit in order to give them a chance to obey him freely.
(CCC 387, 396, 412)**

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A. 10

**Man is different from the animals and special in God's eyes because he possesses an immortal soul.
(CCC356=58, 363)**

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Q. 12

When Adam and Eve failed God's test, did God abandon them without any hope?

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Q. 13

Is murder wrong in God's eyes?

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Q. 14

Why was Abel's sacrifice acceptable, while Cain's was not?

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Q. 15

Did God stop loving Cain because of his sin?

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Q. 16

Why did God send the flood?

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Q. 17

How do we know from the story of Noah that the human family is very important to God?

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A. 13

**Yes, murder is very wrong in God's eyes, and it is forbidden by the Fifth Commandment.
(CCC 2268)**

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A. 12

**When Adam and Eve failed God's test, God did not abandon them without any hope. He promised them a Savior and God's final victory over sin and death.
(CCC 55, 410-11)**

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A. 15

**No, God did not stop loving Cain because of his sin. God marked Cain to protect him and sent him away to do penance.
(CCC 1856, 1430, Gen 4:11-16)**

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A. 14

**Abel's sacrifice was offered with faith and love, and so his sacrifice was pleasing to God, while Cain's sacrifice was not.
(Heb 11:4)**

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A. 17

**We know that the human family is very important to God because God saved Noah, his wife, his three sons, and their wives on the ark during the great flood.
(CCC 56, 58, 2203, Gen 6:18)**

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A. 16

**God sent the flood to wash away evil from the earth and save the human race.
(CCC 56, 71)**

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Q. 18

Did God want division among the nations?

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Q. 19

Why is Abraham called our father in faith?

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Q. 20

Why did God test Abraham?

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Q. 21

How did God bless Abraham for passing his test?

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Q. 22

Why did Rebekah want Jacob to receive Abraham's blessing instead of Esau?

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Q. 23

How did God show Jacob that it was wrong to trick people?

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A. 19

**Abraham is called our father in faith because God made him the father of a holy people.
(CCC 59 [Gen 22:12], CCC 144-47)**

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A. 18

**No, division among the nations was the result of the sin of pride committed at Babel.
(CCC 57)**

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A. 21

**God blessed Abraham for passing his test by giving him many descendants, who would also share in Abraham's blessing. God would also bless Abraham's descendants by giving them the land of their enemies.
(CCC 60, Gen 22:15-18)**

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A. 20

**God tested Abraham to allow him to choose to be faithful to God.
(CCC 22:12)**

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A. 23

**God showed Jacob that it was wrong to trick people by letting Laban trick Jacob into marrying Leah instead of Rachel, the one whom Jacob really loved.
(Gen 29:25)**

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A. 22

**Rebekah wanted Jacob to receive Abraham's blessing instead of Esau because she favored Jacob and because God had told her, "the elder shall serve the younger."
(Gen 25:23)**

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Q. 24

**From where did the name
of Israel come?**

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Q. 25

**How did God communicate
with Joseph?**

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Q. 26

**Why did God allow Joseph
to be sold into slavery in
Egypt?**

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Q. 27

**Why did the people of
Israel come to live in Egypt?**

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Q. 28

**Were the people of Israel
to stay in Egypt?**

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Q. 29

**Does sin harm our
relationship with God and
our neighbors?**

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A. 25

**God communicated with Joseph through his dreams.
(Gen 37:5-11)**

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A. 24

**The name Israel was given by God to Jacob, when Jacob returned to Canaan. This name was passed on to his descendants.
(Gen 35:10-12)**

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A. 27

**The people of Israel came to live in Egypt because of the rule and authority of Joseph. Pharaoh gave them the best land because he loved Joseph dearly.
(Gen 49:9-10, 18)**

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A. 26

**God allowed Joseph to be sold into slavery in Egypt to save his people from the great famine.
(Gen 45:5-11)**

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A. 29

**Yes, sin harms our relationship with God and also with our neighbor. All sin hurts us and other people.
(CCC 1440)**

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A. 28

**No, the people of Israel were not to stay in Egypt. They went there for safety and food during the famine, but it was God's plan to bring them back to the Promised Land.
(Gen 46:3-4)**

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Q. 30

How did God communicate with Moses?

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Q. 31

Does God choose the people whom men believe are best able to do his work or be his servants?

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Chapter: 8
Q. 32

By what name did God reveal himself to Moses, and through Moses to all people?

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Chapter: 9
Q. 33

Why did God send plagues upon Egypt?

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Chapter: 9
Q. 34

What is Passover?

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Chapter: 9
Q. 35

How did God finally free the Israelites from slavery to Pharaoh and the Egyptians?

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A. 31

**No. To do his work or be his servants, God does not choose the people whom men believe best. We see that God chose Moses, even though he was not a good speaker and was fearful.
(Ex 4:10)**

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A. 30

**God communicated with Moses through a burning bush and by filling Moses with God's words.
(Ex 3:2-4, 4:12)**

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A. 33

**God sent plagues upon Egypt to redeem Israel and to show the Egyptians that Yahweh is the one true God.
(Ex 6:7, 7:5)**

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A. 32

**God revealed himself to be "I AM," THE God of Abraham, Isaac, and Jacob.
(Ex 3:14-15)**

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A. 35

**God allowed the Israelites to cross the Red Sea safely, while the Egyptians were swallowed up into the Red Sea.
(Ex 14:21-30)**

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A. 34

**The Passover is the great feast to remember when God delivered the Israelites from slavery out of Egypt.
(CCC 62, 1363, Ex 12:21-27)**

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Q. 36

Why did God call the people of Israel to enter into a covenant with him?

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Q. 37

What did the people of Israel have to do to keep the covenant?

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Q. 38

Who must obey the Ten Commandments?

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Q. 39

What was manna?

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Chapter: 10
Q. 40

Why can we believe what Moses said and what God revealed through Moses?

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Chapter: 10
Q. 41

What was the Ark of the Covenant?

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A. 37

**To keep the covenant, the people of Israel had to obey the Ten Commandments.
(CCC 62, 2061-62)**

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A. 36

**God called the people of Israel to enter into a covenant with him, so that they could come to know him and serve him as the one true God. God gathered his people to give them hope of salvation.
(CCC 54-64)**

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A. 39

**Manna was a bread rained down from heaven. God provided manna for his people in the desert so they would live.
(Ex 16:4-32)**

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Chapter: 10
A. 38

**All people must obey the Ten Commandments. God revealed them to Moses for all people.
(CCC 2072)**

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A. 41

**The Ark of the Covenant was a chest lined with pure gold, in which the Ten Commandments were kept. In the Old Testament, God's presence remained with the Ark.
(Ex 25:8-10, Deut 10:5)**

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A. 40

**We can believe Moses because God descended upon Mount Sinai so all could see him in a dense cloud and hear him when he spoke to Moses. God did this so that all would believe in him forever.
(Ex 19:9)**

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Q. 42

Who were the priests of the people?

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Q. 43

How did God bless and protect his people in the Promised Land?

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Q. 44

How did God show that Dagon was a false god?

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Q. 45

Why was it wrong for Israel to want a king?

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Q. 46

How was a king chosen for the Israelites?

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Q.

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A. 43

God blessed and protected his people in the Promised Land by giving them leaders, such as Joshua and Samson, holy women, such as Ruth and Naomi, and many prophets to prepare people for the Savior. (CCC 64, Josh 1:1-9, Judg 13:24, Ruth 1:16)

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Aaron and the Levites were the priests of the people of Israel. (Ex 28:43-29:9)

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A. 45

It was wrong for Israel to want a king because God had claimed the people of Israel for his own nation – God was their king, and they were rejecting him. (1 Sam 8:7)

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A. 44

The statue of Dagon was found face-down before the Ark of the Covenant. Its head and hands were cut off as a sign that Dagon was a false god. (1 Sam 5:4)

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A. 46

God sent Samuel the prophet to Saul, whom God had chosen. Samuel anointed Saul king of Israel. (1 Sam 10:1)

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Q. 47

**Why was David made king,
even though Saul was still
alive?**

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Chapter: 13
Q. 48

**What did David show the
Israelites when he beat
Goliath with only a
slingshot?**

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Q. 49

**How did David displease
God?**

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Chapter: 13
Q. 50

**Did David repent of his sin
before God and man?**

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Chapter: 13
Q. 51

**Did God make a covenant
with David?**

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Q. 52

**What great work did
Solomon do to honor God?**

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A. 48

**David showed the Israelites that it was God who fought for Israel and defeated Goliath.
(1 Sam 17:46)**

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Chapter: 13
A. 47

**David was made king, even though Saul was still alive, because God rejected Saul for his faithlessness.
(1 Sam 15:23)**

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A. 50

**Yes, David repented of his sin before God and man, and did penance.
(2 Sam 12:13)**

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A. 49

**David displeased God by taking Uriah's wife, Bathsheba, for himself, which is a grave sin. After doing this, David had Uriah killed so that he could marry Bathsheba.
(CCC 2268, 2336)**

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A. 52

**Solomon constructed the Temple in Jerusalem to give honor to God.
(2 Sam 7:13, 1 Kings 6:11-12)**

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A. 51

**Yes, God made a covenant with David and established the throne of his kingdom forever.
(2 Sam 7:13)**

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Q. 53

How did God use prophets to prepare Israel for the coming of the Savior?

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Q. 54

Who was the greatest of the prophets sent by God to help the people of Israel prepare for the coming of Jesus?

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Chapter: 15
Q. 55

When John baptized Jesus, how was the new King known?

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Q. 56

What is man?

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Chapter: 16
Q. 57

What is the soul?

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Chapter: 16
Q. 58

Does man have free will?

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A. 54

**Saint John the Baptist was the greatest of the prophets sent by God to help the people of Israel prepare for the coming of Jesus.
(CCC 523)**

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Chapter: 14
A. 53

**God used prophets to prepare Israel for the coming of the Savior by forming hope in his people and telling them what to expect.
(CCC 64)**

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Chapter: 16
A. 56

**Man is a reasoning being composed of body and soul.
(CCC 355, 362)**

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A. 55

**When John baptized Jesus in the Jordan, the heavens opened, the Holy Spirit appeared as a dove, and the voice of God the Father was heard saying: "This is my beloved Son, with whom I am well pleased."
(CCC 535, Mt 3:13-17)**

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A. 58

**Man has free will because he is able to choose to do or not to do a thing, or to do one thing rather than another.
(CCC 311)**

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Chapter: 16
A. 57

**The soul is the spiritual part of man, by which he lives, understands, and is free. The soul allows man to know, love, and serve God.
(CCC 356, 363)**

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Q. 59

Can man do evil and be truly free?

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Chapter: 16
Q. 60

What are the Commandments of God?

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Chapter: 16
Q. 61

What are our duties toward God and neighbor?

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Q. 62

What are we told to do by the First Commandment?

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Q. 63

What does the First Commandment forbid?

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Q. 64

What is prayer?

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A. 60

**The Commandments of God are the moral laws that God gave to all mankind through Moses on Mount Sinai in the Old Testament, and which Jesus Christ perfected in the New Testament.
(CCC 1962)**

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A. 59

**No, man cannot do evil and be truly free. Though God allows us to choose between good and evil, to be truly free we must choose to follow the good and say “yes” to God.
(CCC 1733)**

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A. 62

**The First Commandment tells us to believe in God, to trust him, to pray to him, and to love him above all other things.
(CCC 2134)**

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A. 61

**Our duties toward God and neighbor are to love God and neighbor. The first three Commandments tell us how to love God. The other seven Commandments tell us how to love our neighbor.
(Mt 22:30-40, CCC 1822-24)**

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A. 64

**Prayer means talking with God. Prayer is the lifting up of the soul to God in order to know him better, to adore him, to tell him we are sorry, and to ask him for what we need.
(CCC 2098)**

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A. 63

**The First Commandment forbids the worship of false gods and ignorance of God’s plan.
(CCC 2110)**

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Q. 65

**What are we told to do by
the Second
Commandment?**

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Chapter: 17
Q. 66

**What is forbidden by the
Second Commandment?**

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Chapter: 17
Q. 67

**What are we told to do by
the Third Commandment?**

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Chapter: 17
Q. 68

**What is forbidden by the
Third Commandment?**

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Chapter: 18
Q. 69

**What does the Fourth
Commandment tell us to
do?**

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Chapter: 18
Q. 70

**What are we told to do by
the Fifth Commandment?**

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A. 66

**The Second Commandment forbids us to use God's name without respect; to blaspheme God, the most holy Virgin Mary, the saints, or holy things; or to swear oaths that are false, not necessary, or wrong in any way.
(CCC 2146-49)**

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A. 65

**The Second Commandment tells us to honor the name of God with the greatest respect and to fulfill the vows and promises we have made.
(CCC 216)**

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A. 68

**The Third Commandment forbids us to do any unnecessary work on Sundays and Holy Days of Obligation.
(CCC 2184-85)**

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A. 67

**The Third Commandment teaches us to keep Sunday holy. We do this by assisting at Mass and dedicating the day to God with our prayer and resting from work.
(CCC 2168, 2180)**

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A. 70

**The Fifth Commandment orders us to be of good will to all, including our enemies, and to respect our bodies and souls as well as those of our neighbors. We must do all we can to protect life from its very beginning to natural death.
(CCC 2258, 2319)**

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A. 69

**The Fourth Commandment orders us to love, respect, and obey our parents and whoever holds authority over us.
(CCC 2199)**

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Q. 71

**What does the Fifth
Commandment forbid?**

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Q. 72

**What does the Sixth
Commandment forbid?**

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Chapter: 19
Q. 73

**What does the Ninth
Commandment forbid?**

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Chapter: 19
Q. 74

**What does the Seventh
Commandment tell us to
do?**

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Chapter: 19
Q. 75

**What does the Seventh
Commandment forbid?**

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Chapter: 19
Q. 76

**What does the Tenth
Commandment tell us to
do?**

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Chapter: 19
A. 72

**The Sixth Commandment forbids unfaithfulness in marriage. It forbids impure acts, words, books, pictures, movies, and shows.
(CCC 2525, 2336)**

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A. 71

**The Fifth Commandment forbids us to harm the lives of our neighbors or ourselves. It forbids murder, suicide, fighting (out of anger), curses, and scandal.
(CCC 2261, 2262, 2270, 2284)**

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A. 74

**The Seventh Commandment tells us to respect other people's property, to repair damages that we cause, and to honor our debts.
(CCC 2411-12)**

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A. 73

**The Ninth Commandment forbids bad thoughts and desires.
(CCC 2514, 2517)**

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A. 76

**The Tenth Commandment tells us to be just and moderate in the desire to improve our own condition in life, and to suffer with patience the hardships and other sufferings permitted by the Lord for our merit.
(CCC 2538, 545, 2549)**

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A. 75

**The Seventh Commandment forbids damaging our neighbor's property and stealing from our neighbors.
(CCC 2401)**

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Chapter: 19
Q. 77

**What does the Tenth
Commandment forbid?**

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Chapter: 19
Q. 78

**What does the Eighth
Commandment tell us to
do?**

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Chapter: 19
Q. 79

**What does the Eighth
Commandment forbid?**

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Chapter: 19
Q. 80

**If one has unjustly harmed
another's reputation, is he
obliged to repair the
damage done?**

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Q. 81

Is Jesus Christ God or man?

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Q. 82

**How did the Son of God
become man?**

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A. 78

**The Eighth Commandment tells us to speak the truth carefully and to interpret in the best possible way the actions of our neighbor.
(CCC 2468, 2478)**

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Chapter: 19
A. 77

**The Tenth Commandment forbids an unhealthy desire for riches that disregards the rights and welfare of our neighbors.
(CCC 2536)**

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A. 80

**If one damages another's reputation through false accusations, wicked talk about him, or even by speaking an unnecessary truth, he must do everything in his power to repair the damage done.
(CCC 2487)**

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Chapter: 19
A. 79

**The Eighth Commandment forbids lying and damaging another's reputation. This includes false witness, flattery, unfounded suspicion, and rash judgment.
(CCC 2464, 2477)**

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A. 82

**The Son of God became man by taking a human body and soul in the pure womb of the Virgin Mary, by the work of the Holy Spirit. This is called the Incarnation.
(CCC 484-85)**

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A. 81

**Yes, Jesus Christ is true God and true man.
(CCC 469)**

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Q. 83

Did the Son of God cease to be God when he became man?

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Q. 84

Are there two natures in Jesus Christ?

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Q. 85

With the two natures in Jesus Christ, are there also two persons?

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Q. 86

What is a mystery?

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Q. 87

What is a miracle?

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Chapter: 20
Q. 88

With what miracles did Jesus Christ confirm his teachings and show that he is true God?

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A. 84

**Yes, there are two natures in Jesus Christ: divine nature and human nature.
(CCC 464-70)**

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A. 83

**No, when the Son of God became man, he did not cease to be God, but remained fully God while at the same time becoming fully man.
(CCC 464, 470)**

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A. 86

**A mystery is a truth beyond our reason, but not contrary to it, revealed by God.
(CCC 42)**

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A. 85

**With the two natures in Jesus Christ, there are not two persons, but only one: the Divine Person of the Son of God.
(CCC 468)**

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A. 88

**Jesus Christ confirmed his teaching and showed that he is true God by restoring vision to the blind, hearing to the deaf, speech to the dumb, health to the sick, and life to the dead. He also commanded demons and the forces of nature.
(CCC 515, 548)**

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A. 87

**A miracle is a sign, which is beyond the laws of nature, and therefore something that can be worked only by God.
(CCC 548)**

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Q. 89

**Why did the Son of God
become man?**

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Q. 90

**What did Jesus Christ do to
save us?**

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Q. 91

**What did Jesus do between
his death and Resurrection?**

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Q. 92

**How long did the body of
Jesus Christ remain buried?**

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Q. 93

**What did Jesus Christ do
after his Resurrection?**

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Chapter: 21
Q. 94

**Why did Jesus Christ
remain on earth forty days
after his Resurrection?**

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A. 90

**To save us, Jesus Christ offered himself as the perfect Sacrifice to the Father by his death on the Cross, and he taught us how to live according to God's will.
(CCC 461, 462, 571)**

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A. 89

**The Son of God became man to save us from sin and to regain heaven for us.
(CCC 456-60)**

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A. 92

**The body of Jesus Christ remained buried from Friday evening to Easter Sunday morning.
(CCC 627)**

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A. 91

**After his death on Good Friday, Jesus descended into hell to take the souls of the just with him into heaven. Then he rose again from the dead on Easter Sunday, taking up his body, which had been buried.
(CCC 632-35, 638)**

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**Jesus Christ remained on earth forty days after his Resurrection in order to show that he had really and truly risen from the dead, to confirm his disciples in their faith in him, and to instruct them more profoundly in his teaching.
(CCC 642)**

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**After his Resurrection, Jesus Christ remained on earth forty days and taught his apostles all they needed to know to continue his ministry through the Church he had founded. Then he ascended to heaven, where he sits at the right hand of God the Father almighty.
(CCC 642, 659)**

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Chapter: 21
Q. 95

At the present time, is Jesus Christ only in heaven?

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Q. 96

What is the Holy Mass?

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Q. 97

What is a sacrifice?

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Q. 98

Is the Sacrifice of the Mass the same as the Sacrifice of the Cross?

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Q. 99

What is the difference between the Sacrifice of the Cross and the Sacrifice of the Mass?

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Chapter: 22
Q. 100

Are we obliged to take part in Mass?

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A. 96

**The Holy Mass is the Sacrifice of the Body and Blood of Jesus Christ, which is offered by the priest to God, under the appearances of bread and wine, in remembrance of the Sacrifice of the Cross.
(CCC 1341-46)**

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A. 95

**At the present time, Jesus Christ is not only in heaven, but as God he is everywhere, by the Holy Spirit he is within his Church, and as God-man he is also in the world in the Holy Eucharist.
(CCC 663, 667-69)**

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A. 98

**The Sacrifice of the Mass is the same sacrifice as the Sacrifice of the Cross, the only difference is in the way it is offered.
(CCC 1364)**

Level 4
Chapter: 22
A. 97

**A sacrifice is a public offering to God of a thing which is destroyed to give it back to God.
(CCC 1357)**

Level 4
Chapter: 22
A. 100

**We are obliged to take part in Mass on Sunday and on the Holy Days of Obligation. It is good also to attend Mass frequently, in order to participate in the greatest act of religion, the one that is most pleasing to God, and best for us.
(CCC 2176)**

Level 4
Chapter: 22
A. 99

**On the Cross, Jesus Christ offered himself in a bloody manner; on the alter, Jesus Christ offers himself sacramentally, in an unbloody manner, by the ministry of the priest.
(CCC 1366-67)**

Level 4
Chapter: 23
Q. 101

What is the Eucharist?

Level 4
Chapter: 23
Q. 102

When did Jesus Christ institute the Eucharist?

Level 4
Chapter: 23
Q. 103

Is the same Jesus Christ, who was born on earth of the Virgin Mary, present in the Eucharist?

Level 4
Chapter: 23
Q. 104

What is the host before the Consecration?

Level 4
Chapter: 23
Q. 105

After the Consecration, what is the Host?

Level 4
Chapter: 23
Q. 106

What does the chalice contain before the Consecration?

Level 4
Chapter: 23
A. 102

**Jesus Christ instituted the Eucharist at the Last Supper, before his Passion. He consecrated and changed bread and wine into his Body and Blood, then distributed it among the apostles, commanding them to do the same thing in his memory.
(CCC 1337-41)**

Level 4
Chapter: 23
A. 101

**The Eucharist is the sacrament that contains the Body, Blood, Soul, and Divinity of our Lord Jesus Christ, under the appearances of bread and wine, for the nourishment of men's souls.
(CCC 1333)**

Level 4
Chapter: 23
A. 104

**Before the Consecration, the host is bread.
(CCC 1376-77)**

Level 4
Chapter: 23
A. 103

**Yes, it is the same Jesus Christ who was born on earth of the Virgin Mary who is present in the Holy Eucharist.
(CCC 1373)**

Level 4
Chapter: 23
A. 106

**Before the Consecration, the chalice contains wine with a small amount of water.
(CCC 12776-77)**

Level 4
Chapter: 23
A. 105

**After the Consecration, the Host is the true Body, Blood, Soul, and Divinity of our Lord Jesus Christ under the appearance of bread.
(CCC 1374-75)**

Level 4
Chapter: 23
Q. 107

After the Consecration, is there anything left of the bread and wine?

Level 4
Chapter: 23
Q. 108

Is only the Body of Jesus Christ present under the appearance of bread and only his Blood under the appearance of the wine?

Level 4
Chapter: 23
Q. 109

When the Host is broken into parts, is the Body of Jesus Christ broken?

Level 4
Chapter: 23
Q. 110

Is Jesus Christ present in all the consecrated Hosts in the world?

Level 4
Chapter: 23
Q. 111

What things are necessary for the worthy reception of Holy Communion?

Level 4
Chapter: 23
Q. 112

How do we observe the Eucharistic fast?

Level 4
Chapter: 23
A. 108

**No, under the appearance of the bread, Jesus Christ is present whole and entire in Body, Blood, Soul, and Divinity; and under the appearance of wine, the whole Jesus is present as well.
(CCC 1374, 1376-77)**

Level 4
Chapter: 23
A. 107

**After the Consecration, neither bread nor wine is present any longer. Only the appearance of bread and wine remains, without their substance. All that is really present is the Body, Blood, Soul, and Divinity of Jesus Christ.
(CCC 1374-75)**

Level 4
Chapter: 23
A. 110

**Yes, Jesus Christ is present in all the consecrated Hosts of the world.
(CCC 1377)**

Level 4
Chapter: 23
A. 109

**When the Host is broken into parts, the Body of Jesus Christ is not broken; the Body of our Lord remains whole and entire in each part of the bread.
(CCC 1377)**

Level 4
Chapter: 23
A. 112

**We observe the Eucharistic fast by not eating or drinking anything (except for water or medicine) for one hour before Communion in order to receive Jesus worthily in the Eucharist.
(CCC 1387, CIC can. 919)**

Level 4
Chapter: 23
A. 111

**For a worthy reception of Holy Communion, three things are necessary: first, to be in the grace of God; second, to realize and to consider whom we are about to receive; third, to observe the Eucharistic fast.
(CCC 1385-87)**

Level 4
Chapter: 23
Q. 113

Is it good and useful to receive Holy Communion frequently?

Level 4
Chapter: 24
Q. 114

What is sin?

Level 4
Chapter: 24
Q. 115

What was Adam's sin?

Level 4
Chapter: 24
Q. 116

What damage did Adam's sin cause?

Level 4
Chapter: 24
Q. 117

What was original sin for Adam and Eve?

Level 4
Chapter: 24
Q. 118

What is original sin?

Level 4
Chapter: 24
A. 114

**Sin is an offense done to God by disobeying his law.
(CCC 1849-50)**

Level 4
Chapter: 23
A. 113

**It is very good and most useful to receive Holy Communion frequently, even every day, provided it is done worthily.
(CCC 1389)**

Level 4
Chapter: 24
A. 116

**Adam's sin affected him and all men. It removed God's grace and gifts from man, and caused man to suffer illness, death, ignorance, and temptation to sin.
(CCC 402-405)**

Level 4
Chapter: 24
A. 115

**Adam's sin was a grave sin of pride and disobedience. It was the first sin ever committed, so it is called original sin.
(CCC 397)**

Level 4
Chapter: 24
A. 118

**Original sin for us is the lack of grace with which we come into existence. It is a result of the sin of our first parents, Adam and Eve. It is not a sin we ourselves commit.
(CCC 405)**

Level 4
Chapter: 24
A. 117

**Original sin for Adam and Eve was a sin they committed when they broke God's command.
(CCC 404)**

Level 4
Chapter: 24
Q. 119

How is original sin taken away?

Level 4
Chapter: 24
Q. 120

What is actual sin?

Level 4
Chapter: 24
Q. 121

In how many ways is actual sin committed?

Level 4
Chapter: 24
Q. 122

How many kinds of actual sin are there?

Level 4
Chapter: 24
Q. 123

What is mortal sin?

Level 4
Chapter: 24
Q. 124

What is venial sin?

Level 4
Chapter: 24
A. 120

**Actual sin is a sin that is committed voluntarily by one who has the use of reason.
(CCC 1850)**

Level 4
Chapter: 24
A. 119

**Original sin is taken away by the Sacrament of Baptism.
(CCC 1263)**

Level 4
Chapter: 24
A. 122

**Actual sin is of two kinds: mortal and venial.
(CCC 1854)**

Level 4
Chapter: 24
A. 121

**Actual sin is committed in four ways: in thoughts, in words, in deeds, and in omissions, what we fail to do.
(CCC 1853)**

Level 4
Chapter: 24
A. 124

**Venial sin is an act of disobedience to the Law of God in a lesser matter or in a matter in itself serious, but done without full knowledge and consent.
(CCC 1855, 1862)**

Level 4
Chapter: 24
A. 123

**Mortal sin is an act of disobedience to the Law of God in a serious matter, done with full knowledge and deliberate consent.
(CCC 1855)**

Level 4
Chapter: 25
Q. 125

What is the sacrament of penance?

Level 4
Chapter: 25
Q. 126

How many things are required to make a good Confession?

Level 4
Chapter: 25
Q. 127

How is the examination of conscience done?

Level 4
Chapter: 25
Q. 128

What is sorrow?

Level 4
Chapter: 25
Q. 129

What is absolution?

Level 4
Chapter: 25
Q. 130

What is the penance given in the Sacrament of Penance?

Level 4
Chapter: 25
A. 126

**To make a good confession, five things are required: 1) examination of conscience, 2) sorrow for sin, 3) the intention not to commit sin again, 4) the accusation of our sin, 5) satisfaction or penance.
(CCC 1450)**

Level 4
Chapter: 25
A. 125

**The Sacrament of Penance was instituted by Jesus Christ to forgive the sins committed after Baptism. This sacrament is also sometimes called confession or reconciliation.
(CCC 1422, 1428)**

Level 4
Chapter: 25
A. 128

**Sorrow or repentance is displeasure and hatred for the sins we have committed, which bring us to form the intention not to sin again.
(CCC 1451)**

Level 4
Chapter: 25
A. 127

**The examination of conscience is done by remembering the sins we have committed in thoughts, words, actions, and omissions against the Commandments of God, beginning from the last good confession.
(CCC 1454)**

Level 4
Chapter: 25
A. 130

**The penance is a good work imposed by the confessor for the punishment and correction of the sinner and to take away some of the temporal punishment due to sin.
(CCC 1459)**

Level 4
Chapter: 25
A. 129

**Absolution is the judgment by which the priest, in the name of Jesus Christ, forgives the penitent his sins, saying, "I absolve you from your sins in the Name of the Father and of the Son and of the Holy Spirit. *Amen*".
(CCC 1449)**

Level 4
Chapter: 25
Q. 131

What is an occasion of sin?

Level 4
Chapter: 25
Q. 132

Are we obliged to avoid occasions of sin?

Level 4
Chapter: 26
Q. 133

Is there only one God?

Level 4
Chapter: 26
Q. 134

What are the three Persons of the Holy Trinity Called?

Level 4
Chapter: 26
Q. 135

Is each Person of the Holy Trinity God?

Level 4
Chapter: 26
Q. 136

Who is the First Person of the Holy Trinity?

Level 5
Chapter: 25
A. 132

**Yes, we are obliged to avoid occasions of sin because we are obliged to avoid sin itself.
(1 Tim 5:14)**

Level 4
Chapter: 25
A. 131

**An occasion of sin is a person, place, or thing that puts us in danger of sinning.
(1 Jn 2:15-17)**

Level 4
Chapter: 26
A. 134

**The three Persons of the Holy Trinity are called the Father, the Son, and the Holy Spirit.
(CCC 233, 254)**

Level 4
Chapter: 26
A. 133

**Yes, there is only one God, who exists as three equal and distinct Persons. We call these persons the Holy Trinity.
(CCC 233, 253)**

Level 4
Chapter: 26
A. 136

**The First Person of the Holy Trinity is God the Father.
(CCC 238-40)**

Level 4
Chapter: 26
A. 135

**Yes, each Person of the Holy Trinity is God.
(CCC 253)**

Level 4
Chapter: 26
Q. 137

Who is the Second Person of the Holy Trinity?

Level 4
Chapter: 26
Q. 138

Who is the Third Person of the Holy Trinity?

Level 4
Chapter: 26
Q. 139

Are the three Divine Persons equal, or is one greater than the others?

Level 4
Chapter: 27
Q. 140

What is the Church?

Level 4
Chapter: 27
Q. 141

Who founded the Church?

Level 4
Chapter: 27
Q. 142

Who are the chief pastors of the Church?

Level 4
Chapter: 26
A. 138

**The Third Person of the Holy Trinity
is God the Holy Spirit.
(CCC 243-44, 255)**

Level 4
Chapter: 26
A. 137

**The Second Person of the Holy
Trinity is God the Son.
(CCC 240-42)**

Level 4
Chapter: 27
A. 140

**The Church is the community of
disciples, the People of God, who
profess the same faith and the
teaching of Jesus Christ, share in his
sacraments, and obey the pastors
whom he has appointed.
(CCC 751)**

Level 4
Chapter: 26
A. 139

**The three Divine Persons, since they
are only one God, are equal in every
respect and possess equally and in
common every perfection and every
action.
(CCC 253, 255, 266-67)**

Level 4
Chapter: 27
A. 142

**The chief pastors of the Church are
the Pope, who is the Vicar of Christ,
and the bishops united with him.
(CCC 880)**

Level 4
Chapter: 27
A. 141

**Jesus Christ founded the Church.
(CCC 763)**

Level 4
Chapter: 27
Q. 143

Who is the Pope?

Level 4
Chapter: 27
Q. 144

What do the Pope and the bishops united with him make up?

Level 4
Chapter: 27
Q. 145

Can the Pope and the bishops united with him err in defining teaching on faith and morals?

Level 4
Chapter: 27
Q. 146

Can the Pope, by himself, err in defining teaching on faith and morals?

Level 4
Chapter: 28
Q. 147

What are the sacraments?

Level 4
Chapter: 28
Q. 148

Why are the sacraments signs of grace?

Level 4
Chapter: 27
A. 144

**The Pope and the bishops united with him make up the chief teachers in the Church. They have received from Jesus Christ the mission of teaching the truths and Laws of God to all men.
(CCC 888)**

Level 4
Chapter: 27
A. 143

**The Pope is the successor of Saint Peter, the bishop of Rome, the visible head of the entire Church on earth, with Christ as the invisible head of the Church.
(CCC 881-82)**

Level 4
Chapter: 27
A. 146

**No, the Pope, by himself, cannot err in defining teaching on faith and morals.
(CCC 891)**

Level 4
Chapter: 27
A. 145

**No, the Pope and the bishops united with him cannot err in defining teaching on faith and morals: they are infallible, which is a protection against error, assured by Christ and given through the Holy Spirit.
(CCC 890)**

Level 4
Chapter: 28
A. 148

**The sacraments are signs of grace because those aspects of them that we can perceive with our senses signify or indicate the invisible grace that they give.
(CCC 1123, 1127)**

Level 4
Chapter: 28
A. 147

**The sacraments are signs of grace instituted by Jesus Christ to make us holy.
(CCC 1114, 1123, 1128)**

Level 4
Chapter: 28
Q. 149

**Who gave the sacraments
the power of giving grace?**

Level 4
Chapter: 28
Q. 150

**What should we do to
receive and preserve the
grace of the sacraments?**

Level 4
Chapter: 28
Q. 151

What is Baptism?

Level 4
Chapter: 28
Q. 152

What is Confirmation?

Level 4
Chapter: 28
Q. 153

**What is the Sacrament of
Matrimony?**

Level 4
Chapter: 28
Q. 154

**What duties do husbands
and wives assume?**

Level 4
Chapter: 28
A. 150

**To receive the grace of the sacraments, we must be ready for them and open to them. To preserve the grace of the sacraments, we must cooperate by doing good and avoiding evil.
(CCC 1123, 1128)**

Level 4
Chapter: 28
A. 149

**Jesus Christ, true God and true man, gave the sacraments the power of giving grace, which he himself merited for us by his Passion and death.
(CCC 1116, 1127)**

Level 4
Chapter: 28
A. 152

**Confirmation is the sacrament that makes us more perfect Christians and witnesses of Christ by the gifts of the Holy Spirit.
(CCC 1285)**

Level 4
Chapter: 28
A. 151

**Baptism is the sacrament by which people are made children of God and members of Jesus' Church through the power of the Holy Spirit, who washes away original sin and any actual sin, and gives the life of grace.
(CCC 1213, 1262)**

Level 4
Chapter: 28
A. 154

**Husbands and wives assume the duties of helping each other with unflinching affection in their temporal and spiritual necessities, and of raising and forming their children well, especially in the faith.
(CCC 1641)**

Level 4
Chapter: 28
A. 153

**The Sacrament of Matrimony is Christian marriage. This sacrament unites a man and a woman permanently. It also gives them special graces in order to live in a holy way and to raise and educate their children in a Christian manner.
(CCC 1601)**

Level 4
Chapter: 28
Q. 155

What is Holy Orders?

Level 4
Chapter: 28
Q. 156

What is the Anointing of the Sick?

Level 4
Chapter: 29
Q. 157

Was anyone among the descendants of Adam ever preserved from original sin?

Level 4
Chapter: 30
Q. 158

Will Jesus Christ ever return visibly to this earth?

Level 4
Chapter: 30
Q. 159

Will Jesus Christ wait until the end of the world to judge us?

Level 4
Chapter: 30
Q. 160

On what will Jesus Christ judge us?

Level 4
Chapter: 28
A. 156

**The Anointing of the Sick is the sacrament instituted for the spiritual and also the bodily strengthening of Christians who are gravely ill. The Anointing of the Sick increases sanctifying grace. It takes away venial sins and also the mortal sins, if the sick person is unable to confess them. It gives the Christian the strength to bear patiently the evil he suffers, to resist all temptations, and, if such is the case, to die a holy death; and finally, it also helps to regain bodily health, if this is good for the soul.
(CCC 1499, 1508, 1520, 1523)**

Level 4
Chapter: 28
A. 155

**Holy Orders is the sacrament which gives a man the power to carry out the sacred actions regarding the salvation of souls.
(CCC 1536)**

Level 4
Chapter: 30
A. 158

**Yes, Jesus Christ will return visibly to this earth to judge the living and the dead at the end of the world.
(CCC 671)**

Level 4
Chapter: 29
A. 157

**Besides Jesus, Mary his Mother has been preserved from original sin. Because she was chosen to be the Mother of God, she was “full of grace” (Lk 1:28), free from the stain of original sin from the first instant of her existence. The Church celebrates Mary as the Immaculate Conception.
(CCC 490-91)**

Level 4
Chapter: 30
A. 160

**Jesus Christ will judge us on the good and evil that we have done in life, including our thoughts and the things we failed to do.
(CCC 1022)**

Level 4
Chapter: 30
A. 159

**Jesus Christ will not wait until the end of the world to judge us, but he will judge each one of us immediately after death at the Particular Judgment.
(CCC 1021-22)**

Level 4
Chapter: 30
Q. 161

After the Particular Judgment, what happens to the soul?

Level 4
Chapter: 30
Q. 162

What is Purgatory?

Level 4
Chapter: 30
Q. 163

What does “resurrection of the body” mean?

Level 4
Chapter: 30
Q. 164

Who may go to heaven?

Level 4
Chapter: 30
Q. 165

Why should we want to go to heaven?

Level 4
Chapter: 30
Q.

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Level 4
Chapter: 30
A. 162

**Purgatory is the temporary suffering of the lack of the vision of God and also of other punishments that remove from the soul the remains of venial sin. Purgatory holds the punishments that were not endured for sin in earthly life, and makes the soul worthy to see God.
(CCC 1030-32)**

Level 4
Chapter: 30
A. 161

**After the Particular Judgment, if a person is without sin and without a debt of punishment for sin, his soul goes into heaven. If a person has some venial sin or temporal punishment due for sin, his soul goes into purgatory to be purified. If a person is in mortal sin, as a changeless rebel against God, his soul goes into hell.
(CCC 1022)**

Level 4
Chapter: 30
A. 164

**Every good person, who loves god, serves him faithfully, and dies in his grace, may go to heaven, either directly if he is without a debt of sin, or after a purification in purgatory.
(CCC 1023)**

Level 4
Chapter: 30
A. 163

**The “resurrection of the body” means that at the Last Judgment our body will be reunited to our soul, by the power of God, in order for us to participate during eternal life in the reward or punishment that our souls have merited.
(CCC 988, 997-98)**

Level 4
Chapter: 30
A.

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Level 4
Chapter: 30
A. 165

**We should want to go to heaven because in heaven we will perfectly possess God, who alone can make us eternally and perfectly happy.
(CCC 1023-24)**